



An innovative venture of Kovilpatti Nadar Uravinmurai Sangam

KAMARAJ
INTERNATIONAL ACADEMY

CLEAN AND HYGIENE

COMMITTEE



“Let Us Join Our Hands Together

To Keep Our Environment Clean And Hygienic!”

PRINCIPAL

MEMBERS OF CLEAN AND HYGIENE COMMITTEE:

COUNCIL HEAD : C. SEENI RAKSHANA – GRADE 8

DEPUTY CHIEF : J. MARIYA ROBALTON – GRADE 8

COUNCIL EXECUTIVE :



S. SABARISH – GRADE 7



S. JASWANTH RAM – GRADE 7



J. GOKUL SIVA SUGUMARAN – GRADE 6



P. ANUSIYA SHRI – GRADE 6



R. VENKATESH – GRADE 5



P. RITHIKA – GRADE 5



P. ARUL MONTFORD – GRADE 4



R. VAISALI – GRADE 4

COMMITTEE IN – CHARGE TEACHERS:

COUNCIL HEAD : Ms. D. PUVANESHWARI

COUNCIL EXECUTIVE :



Ms. K. ARUNASREE



Ms. M.K. PRIYA



Ms. S. KAVERI

CONTENT

S.No.	Topics
1.	<i>Cleanliness in school</i>
2.	<i>Aim and Objective</i>
3.	<i>Rules followed in school</i>
4.	<i>Cleanliness in classroom</i>
5.	<i>Provision of drinking water</i>
6.	<i>Provision of latrines</i>
7.	<i>Activities done by our students</i>
8.	<i>Dealing with illness</i>
9.	<i>Top tips for school hygiene</i>
10.	<i>Maintaining health in our school</i>
11.	<i>Recording of Weight /Height</i>
12.	<i>First aid in school bus transport</i>
13.	<i>School health report</i>
14.	<i>Year planner</i>
15.	<i>Future plan</i>
16.	<i>Conclusion</i>

CLEANLINESS IN SCHOOLS:

- **School is a place where one can learn so many things. It helps the students to grow up into a responsible person. Every day the students spend a lot of time in school for learning and playing.**
- **Today, some school grounds are full of litter and debris that they resemble a garbage dump more than a place to play or exercise. Students should help to keep them clean and beautiful. They should be role model for others to keep cleanliness.**
- **Recycle bins must be placed at various places in schools to promote recycling of waste among students, teachers and other employees. Children in the school can be encouraged to put waste in appropriate bins so that they develop a habit of disposing of waste properly.**
- **Cleanliness, Personal hygiene, Good sanitation provides a clean school environment for the students to keep them in good health and safe.**

AIMS AND OBJECTIVE:

- ☞ **Inspection and Monitoring of the cleanliness part of classroom, Academic Block, playground, etc of the campus & its surrounding areas.**
- ☞ **To develop the habits among the children to keep their surrounding neat & Clean.**
- ☞ **To have a regular check on the Health and Hygiene of the students.**
- ☞ **Regular testing and checking of the quality of raw material, prepared food etc.**
- ☞ **To develop the good manners and habits among students regarding regular washing and bathing etc.**
- ☞ **To have the proper recording of the health reports of the students.**
- ☞ **In-charge is responsible for the implementation of the commotion in a befitting manner.**

RULES TO BE FOLLOWED TO MAINTAIN THE CLEANLINESS

IN SCHOOLS DOS AND DON'TS:

- ❖ Put the waste materials in the appropriate dust bin in order to dispose the waste properly.
- ❖ Take care to use the school properties such as Chairs, tables, duster and chinks properly.
- ❖ Keep the class room and school premises clean.
- ❖ Maintain personal hygiene properly.
- ❖ Maintain the toilets clean and hygienic.
- ❖ Don't throw the papers, chinks or any other waste materials in the class rooms and ground.
- ❖ Don't break the school properties.
- ❖ Don't write on the walls of the schools.
- ❖ Don't pluck the flowers and leaves from the school garden.
- ❖ Don't use non recyclable plastic packets and plastic covers.

CLEANLINESS IN CLASSROOM:

- ❧ **Maintaining a clean and tidy classroom environment is important for a number of reasons.**
- ❧ **A clean classroom minimizes the spread of germs, prevents offending smells from lingering, and runs more smoothly overall than untidy classrooms.**
- ❧ **Aside from health problems they can cause, our students just won't be able to do their best learning in a filthy room.**
- ❧ **Teach them strategies for maintaining a clean environment to prepare them for real life and help them thrive in school.**

PROVISION OF DRINKING WATER:

- 💧 **Many students may walk hours to get to school. The provision of safe water for drinking and personal hygiene is important and there needs to be adequate facilities in proportion to the number of students. The Ministry of Health advises one water tap per fifty students.**
- 💧 **Silver water cans and water taps arranged in a water trough designed and they are mounted at the appropriate height from the ground surface to match the height of the students.**
- 💧 **Water availability should be about five litres per day per student and water must be available throughout the school day.**
- 💧 **A water storage tank is provided with water reserves and satisfies the demand at peak hours.**
- 💧 **The sullage (wastewater) that results because of hand washing must be drained to a seepage or soak pit, or ditch.**

PROVISION OF LATRINES:

The provision of latrines is also extremely important. In addition, separate latrines for girls and boys need to be provided to encourage girls to continue their education. The usual type of latrine at schools is a communal dry pit latrine equipped with a vent.

School latrines should meet the following requirements:



They must be located away from the classroom in order to avoid interfering with the students' learning process. They must be reasonably accessible



They must be well-maintained and agreeable to use. They should provide privacy and security.



The dimensions of the latrine must be adequate to accommodate the storage needs for three to five years.



There must be hand washing facilities near the latrine. Hand washing with soap or sanitize after

using the latrine and before lunch must be encouraged.



There should be separate latrines for male and female students. Latrines for teachers must be separated as well.



There must be a bucket with water and a jug inside female latrines. This is essential for cleaning the bottom for female students during menstruation.



In primary and secondary schools, there should be one latrine for every 30 students and one urinal for every 50 male students.



Latrines should be hygienic to use and easy to clean. Students themselves should participate in daily cleaning of the latrine.



The hygiene/health club should take the leading role in the maintenance of latrine cleanliness.

ACTIVITIES DONE BY OUR SCHOOL STUDENTS:



In order to maintain cleanliness in our society too our students participated and encourage our people to take part in maintains of cleanliness program.

- ♣ Planting trees
- ♣ Water conservation day
- ♣ Plastic free school campus
- ♣ Dengue awareness program
- ♣ Eye – check up
- ♣ Dental check up

PLANTING TREES:

In the month of June 10th 2019, our school management selected the saplings according to our student's **Birth star** and our school secretary **Mr.A.Kannappan** presented saplings to each student and made them to plant by themselves in our school campus.



WATER CONSERVATION DAY:

Water plays an important role in our life. Without water no life will exist. In order to know the importance of water, our school student of Grade 8 celebrated “Water conservation day” and all the students took an oath in front of our secretary **Mr.A.Kannappan to save water in the month of June 28, 2019.**



PLASTIC – FREE SCHOOL CAMPUS:

🗑️ Our school is following an important rule of “**No Plastics in our school campus**” and students are also motivated by not using plastics.

🗑️ Steel bottles, steel lunch boxes were provided to each student in our school campus to avoid using of plastic bottles and lunch boxes.

🗑️ To improve our thoughts in our society too, our school children from Grade 5 to 8 conducted a rally program on “**Plastic Awareness**” on July 26th,2019.

🗑️ Our school secretary **Mr.A.Kannappan** started our rally program by waving the flag and our students provided cloth bags instead of plastic bags to the people from the place of Kamarajar Statue to Market.



DENGUE AWARENESS PROGRAM:

- R** Dengue fever is a mosquito borne disease transmitted by the *Aedes* mosquito. This disease is known to be worldwide problem, affecting the tropical and sub-tropical regions.
- R** One third of the world's population is at risk of transmission of disease. So, creating awareness is an effective way of preventing Dengue Fever.
- R** The objective of this program was to create awareness on Dengue Fever among adults residing in our area.
- R** On October 18th, 2019 our students and teachers of the school participating enthusiastically, joining hands against the terror of Dengue.
- R** Under the guidance of our Principal Mr.C.Jeyakumar, a special rally was flagged off to spread awareness among the masses about Dengue and its preventive measures.

R Students did door to door campaigning and our student made Dengue logos were stick in the homes with advocating the message- 'We can win against Dengue'.

R Students vociferated slogans and the students distributed the informative about the symptoms, preventive and remedial measures of Dengue.

